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## Nicotine Addiction

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**Nicotine Addiction: Professor says Nicotine does not cause cigarette addiction.**



By:

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Published On:

Thursday, September 3, 2009

**An ASU professor is challenging widely held conceptions about smoking, including challenging the view that nicotine is addictive.**

Peter Killeen, emeritus professor of psychology in the College of Liberal Arts and Sciences, presented his research findings for the National Institute on Drug Abuse on the Tempe campus Wednesday afternoon.

The talk was called "Reefer Madness: There ain't no such Thing as Addiction to Nicotine."

NIDA initially invited Killeen to look into ways to improve scientific research on drug abuse, specifically nicotine addiction.

"I came up with a shocking discovery," Killeen said. "There's no such thing as nicotine addiction."

"It's time to get our heads straight," Killeen said. "What causes the tremendously addicting power of cigarettes is the drug cocktail of nicotine," he said, not nicotine itself.

[Read the entire story here](#)

So, like I've said elsewhere on this site, [nicotine is not what you are addicted to](#), which makes quitting a lot easier than you've been led to believe. Click here to [become a non-smoker now](#).



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