

Easy Way Stop Smoking

QUIT SMOKING WITHOUT STRESS OR CRAVINGS

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Considering Chantix To Quit Smoking? Better Reconsider!

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Here's Why Chantix May Not Be Your Best Quit Smoking Option.

Designer Quit Smoking Drugs Not Worth Risking Your Health Or Sanity! Natural IS Better!

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STOP SMOKING TODAY!

If you're wanting to quit smoking, there's a few things you need to consider before you decide to use either Chantix or any nicotine replacement product.

For years, the medical community has accepted nicotine as the cause of addiction to smoking. However, **new evidence indicates nicotine really is not the real addictive element in cigarettes** at all. While not coming right out and saying so, Pfizer, Inc., the manufacturer of the latest "wonder drug" Chantix alludes to this on their main page.

So what does that mean? It means attacking nicotine in order to quit smoking is an exercise in futility! It's the very reason why quitting smoking remains one of the most difficult things anyone will ever attempt. Because nicotine is not the enemy when attempting to quit... something else is!

Let's try to cut through the piles of crap surrounding so-called "nicotine addiction". While the mechanism by which humans form habits and addictions is quite complex, and has until recently been largely misunderstood, **we now know that the central player in the process of forming addictions is a chemical released in the brain called dopamine.** Dopamine's primary function is to reward us for behaviors that are beneficial to our survival.

When everything is working the way it's supposed to it's a good thing.

However, in the case of drug and alcohol addictions, the process gets confused and allows us to form a very negative and actually harmful habit that becomes uncontrollable. How this happens is very complex and beyond the scope of this article. If you want to learn more about how dopamine actually helps us form habits and addictions then get a copy of my Free Ebook and Learn How to Quit Smoking Cigarettes Now!

What is important is that Pfizer Inc., recognizes dopamine as the true addictive chemical and attempts to overcome it. A truly noble effort deserving an A+ by anyone's reckoning, if it were not for the dangerous side effects inherent in it's use.

Let's take a closer look at this miracle working "wonder drug."

Pfizer claims Chantix scored a 44% success rate in clinical test studies conducted by them, vs. an 18% success rate achieved by a control test group using a placebo. That's a little more than twice as effective as the placebo group who believed they were receiving the actual product. Seems a pretty impressive feat on the surface.

However, two very interesting points to consider emerge from that study that seem to be lost on the casual observer.

Point one, 18% of those participating in the study succeeded in quitting smoking using nothing more than the belief that they were actually taking a product that would help them quit smoking. That, by itself is one very amazing statistic, because...

If we compare that to some generally accepted statistics found at wikipedia.org and numerous other authority websites on the subject of quitting smoking, we'll see just how amazing that statistic is. Considering only 3-5% of quit smoking attempts by willpower alone succeed for at least 6 months, and yet, 90% of all those who actually succeed at quitting smoking for more than 6 months did so by quitting cold turkey.

So? A placebo succeeds 18% of the time while intense willpower attempts only succeed on average 5% of the time.

According to Wiki, Zyban, coupled with intense counseling increased the odds of quitting to around 30%. That ranked the highest in all prescriptive quit smoking assistance products prior to Chantix, but the placebo group did nearly as well as the Zyban group, presumably, without the side effects or intense counseling or the intense and dangerous side effects listed by Pfizer for their wonder drug.

The second point is this, one statistic that is not covered by any study, government or other, is that of quitting smoking using hypnosis. If you search the internet for statistics on the subject you'll find claims ranging from 60% to 90% effectiveness.

It's safe to say, hypnosis will succeed at least 18% of the time...Pfizer proved that! Since that was the success rate reported by Chantix for their control group. Obviously, those individuals succeeded based on a form of self hypnosis. They believed they were taking Chantix.

My instincts tell me, that number could easily have tripled under the care of a competent hypnotherapist, in far less time than the 9 to 12 week Chantix program required. So I believe it's safe to say that the industry claims of 60% to 90% success with hypnosis are indeed factual.

EASY WAY STOP SMOKING NAVIGATION MENU

About Easy Way Stop Smoking.org

Go

Can't Quit Smoking?
We Highly Recommend
The Non-Smoker's Edge
Medical Hypnosis Program

- ✓ Quit without weight gain or irritability
- ✓ Drug-free
- ✓ Best quit rate available today, with or without a prescription
- ✓ Seven audio CD program
- ✓ Quit in the privacy of your own home
- ✓ Comprehensive program developed by a licensed psychologist
- ✓ Give up the excuses and start living your life today
- ✓ Best quit rate of any hypnosis program
- ✓ Guaranteed to work or you get a complete refund

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So, why do I believe Chantix is not the best choice for quitting, even though it boasts a superior success rate to Zyban or quitting cold turkey...and is only slightly more than twice as effective as a placebo?

In short. Chantix isn't safe!

Watch this illuminating video that exposes the potential deadly side effects of this extremely dangerous drug, presented by the BBC News Network in the UK. [Click Here to view>>> Secrets Of The Drugs Trials](#)

Further still, consider what Pfizer itself has to say in it's drastically watered down public release disclaimer about it's own product, this is really scary stuff.

"Some people have had changes in behavior, hostility, agitation, depressed mood, suicidal thoughts or actions while using CHANTIX to help them quit smoking. Some people had these symptoms when they began taking CHANTIX, and others developed them after several weeks of treatment or after stopping CHANTIX. If you, your family, or caregiver notice agitation, hostility, depression, or changes in behavior, thinking, or mood that are not typical for you, or you develop suicidal thoughts or actions, anxiety, panic, aggression, anger, mania, abnormal sensations, hallucinations, paranoia, or confusion, stop taking CHANTIX and call your doctor right away. Also tell your doctor about any history of depression or other mental health problems before taking CHANTIX, as these symptoms may worsen while taking CHANTIX.

Some people can have serious skin reactions while taking CHANTIX, some of which can become life-threatening. These can include rash, swelling, redness, and peeling of the skin. Some people can have allergic reactions to CHANTIX, some of which can be life-threatening and include: swelling of the face, mouth, and throat that can cause trouble breathing. If you have these symptoms or have a rash with peeling skin or blisters in your mouth, stop taking CHANTIX and get medical attention right away.

The most common side effects include nausea (30%), sleep problems, constipation, gas, and/or vomiting. If you have side effects that bother you or don't go away, tell your doctor."

Wow! Those statements were based on the actual results of their clinical studies. Let me repeat that...Actual results!

Now compare those symptoms with the symptoms of someone simply quitting cold turkey: During the first 3 days of eliminating nicotine from the system...possible headaches, dizziness, irritability, lack of concentration, restlessness, blurred vision and nausea. These symptoms begin to disappear on day 4 of being nicotine free, but do cravings cease after 3 days? Not unless you are able to control and redirect your dopamine addiction.

What's the lesson here? If you quit cold turkey, stay home, don't drive, and don't operate heavy equipment during the first 3 days. Conversely, if you use Chantix, be prepared to be seriously ill or even possibly die, and be prepared to suffer all the cold turkey symptoms for the entire 9 to 12 week program.

Whether to use it or not seems a no brainer to me.

Having been a heavy chain smoker for 18 years and finding a painless method to quit smoking in 3 days, I'm here to tell you that **quitting smoking is extremely easy and painless once you learn how to overcome your dopamine addiction!**

If you've made up your mind to quit smoking, and if you're struggling to quit, and want to find an easier way to do it, without drugs, pills, shots, sprays, lozenges or gum, and without stress or fear of weight gain, or the many dangerous and possibly deadly side effects of Chantix or similar drugs, then I highly recommend you give [hypnosis](#) a try!



If, on the other hand, you are convinced you can't quit smoking without a nicotine crutch because you either believe you can't quit, or you don't want to quit but just want to save money while continuing to smoke, then click here >>[Safer Smokeless Cigarette](#)

[Alternative](#)<< and learn how to cut your smoking bill in half.

Either way, you have my profoundest wishes for a long and healthy life without dieing from smoking.

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